

# AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

Dec'11/Jan'12



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## WORTH & AIRE VALLEY MAG



Let's face it, it has been a tough year for many. Like the sentiment expressed in Rebecca's letter to Santa (left), there are some who would relish "checking out" and sailing away to a remote island. Leaving behind mortgages, mundane jobs, challenging relationships, public sector strikes, austerity measures, and the minutiae that make up our lives, in exchange for a seemingly stress free life on a private island, is understandably appealing. If you are feeling the pressure this season, retired psychotherapist Peter Wilkin's article on page 4 might help you find the calm you desire. (It won't help pay the mortgage but it will give you a coping strategy for a start).

For a bit of light relief we have lots of fun puzzles and activities to amuse the family inbetween Christmas dinner courses, see our **Christmas Carol Picture Puzzle** on page 8 and our **Christmas Word Search** on page 9, plus plenty more dotted about

in the magazine.

Have you purchased your **Haworth Couldn't Wear Less Calendars** yet? Put a smile on friends and families faces by supporting this worthy cause...You will be taking part in the restoration of Haworth Parish Church and the Bronte School Rooms, two important community spaces in need of repair. Calendars can be purchased online at [www.haworthcalendar.co.uk](http://www.haworthcalendar.co.uk) or in the shops, pubs, or churches in the area; check the website for a location near you.

Have a happy, safe holiday season and consider all those near and dear to you before you, like Rebecca, wish your life away..."The middle of no where" sounds a lonely place! Count your blessings and enjoy each day.

All the best from Liz, Janet, Jo and all at Aire Valley Mag. See you in 2012!



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# Finding CALM

By Peter Wilkin



*Christmas is coming, the geese are getting fat  
Please put a penny in the old man's hat  
If you haven't got a penny, a ha'penny will do  
If you haven't got a ha'penny, then God bless you!*

With the pressures of Christmas already upon us, the chances of us having any spare change to toss into the old man's hat as this old nursery rhyme suggests are highly unlikely. Of course, financial pressure isn't the only stressor ushered in by the arrival of the festive season. At this time of year family pressures abound as parents, siblings and other close family members either battle to host the Christmas day meal or desperately try to avoid it. Ironically, what is marketed as a joyous holiday occasion may well turn out to be the most stressful part of the whole year.

Whatever form the stressors take, there are some simple, common-sense guidelines that really can take at least some of the stress out of Christmas.

**1** Don't just say 'No!' Explain your financial restraints in some detail to those close to you and let them decide their priorities within the limits of your budget.

**2** Don't try to please everyone – it's an impossible task! Again, explain any family decisions you make with your reasons for making them.

**3** If money is tight, compensate with

your Christmas card greetings. Make the recipients feel special and not just someone who's been ticked off the list. And perhaps make the cards yourself with the help of any available children.

**4** If you drink, identify some alcohol-free days. Booze is incredibly expensive and over-imbibing is possibly the main cause of family arguments.

**5** Find some 'you' time. Make sure there are high spots in your calendar for you to enjoy: a peaceful walk in the country, time with a close friend, a relaxing massage or a soothing, candlelit soak in the bath.

**6** And perhaps most important of all – Talk! Don't let pressure build up to exploding point. As soon as you start to feel stressed seek out someone you can trust and talk things through with them.

If you feel the need for a more structured approach to stress-reduction, look into the practice of Mindfulness, a scientifically proven form of meditation that helps people focus on their thoughts and feelings without becoming overwhelmed by them. Check out this link for more information:

<http://franticworld.com/what-is-mindfulness/>

Peter Wilkin is a retired psychotherapist. He is currently writing his first novel. You can find him here:

<http://peterwilkin1.blogspot.com/>  
or follow him on Twitter: @peterwilkin1



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Rick Archer. dancc@ssqq.com

This Christmas Picture Puzzle contains all the most popular Christmas Carol titles. Your job is to identify the name of each Christmas Carol from the illustrations above. Good luck!

- 21 LET IT SNOW
- 22 TELL ON THE MOUNTAIN
- 23 CHESTNUTS ROASTING ON AN OPEN FIRE
- 24 IT CAME UPON A MIDNIGHT CLEAR
- 25 I SAW MAMA KISSING SANTA
- 26 O, COME ALL YE FAITHFUL
- 27 SILENT NIGHT
- 28 LITTLE TOWN OF BETHLEHEM
- 29 MEET ME UNDER THE MISTLETOE
- 30 MARK THE HEADLAND ANGELS SING
- 11 DECK THE HALLS
- 12 HOLY NIGHT
- 13 FEEL MARYDA
- 14 BLUE CHRISTMAS
- 15 SILVER BELLS
- 16 SANTA LOOKED A LOT LIKE DADDY
- 17 AWAY IN THE MANGER
- 18 TWELVE DAYS OF CHRISTMAS
- 19 ROCKING ROUND THE XMAS TREE
- 20 ROOSTY THE SNOWMAN
- 10 WE THREE KINGS OF ORIENT ARE
- 09 WHAT CHILD IS THIS?
- 08 I SAW THREE SHEPHERDS
- 07 LITTLE CHRISTMAS
- 06 LITTLE DRUMMER BOY
- 05 RUDOLPH THE RED NOSED REINDEER
- 04 FIRST NOEL
- 03 SANTA CLAUS IS COMING TO TOWN
- 02 WALKING IN A WINTER WONDERLAND
- 01 JINGLE BELLS

# Christmas

Find and circle all of the Christmas words that are hidden in the grid. The remaining letters spell a secret message.

E	N	A	C	Y	D	N	A	C	H	T	A	E	R	W	S	S
T	H	I	S	S	N	O	I	T	A	R	O	C	E	D	H	Y
E	G	G	N	O	G	M	E	H	E	L	H	T	E	B	E	O
G	I	F	T	S	F	R	U	I	T	C	A	K	E	T	P	T
R	E	G	N	A	M	H	F	R	I	E	N	D	S	F	H	S
S	L	T	R	E	E	I	E	C	S	C	S	R	R	S	E	E
T	S	H	N	E	G	A	S	A	A	E	A	A	A	T	R	J
H	A	R	A	S	E	N	N	T	L	N	N	R	A	T	D	E
G	I	E	G	S	E	T	I	C	L	K	D	K	O	G	S	S
I	T	E	G	L	A	K	I	K	I	E	S	L	O	L	T	U
L	T	W	O	B	E	C	A	N	C	O	T	L	E	N	S	S
F	E	I	B	E	I	I	C	L	G	O	D	O	E	S	N	J
A	S	S	O	L	L	E	R	A	F	C	T	M	E	M	O	O
M	N	E	T	L	N	B	N	B	N	W	A	S	Y	A	W	S
I	I	M	T	S	O	G	A	B	A	N	O	R	E	R	M	E
L	O	E	E	J	E	O	L	T	R	G	R	N	D	Y	A	P
Y	P	N	Y	L	L	O	H	O	S	H	L	Y	S	S	N	H

- |              |                |            |                |
|--------------|----------------|------------|----------------|
| ANGEL        | FRUITCAKE      | MANGER     | SNOWFLAKES     |
| BELLS        | GABRIEL        | MARY       | SNOWMAN        |
| BETHLEHEM    | GIFTS          | MISTLETOE  | STABLE         |
| CANDLES      | GOLD           | MYRRH      | STAR           |
| CANDY CANE   | GREETING CARDS | ORNAMENTS  | STOCKING       |
| CAROLS       | HOLLY          | POINSETTIA | THREE WISE MEN |
| DECORATIONS  | ICICLES        | SANTA      | TOBOGGAN       |
| EGGNOG       | JESUS          | SHEPHERDS  | TOYS           |
| FAMILY       | JOSEPH         | SKATES     | TREE           |
| FRANKINCENSE | LIGHTS         | SLEIGH     | WREATH         |
| FRIENDS      |                |            |                |

Say you saw it in the Aire Valley Mag!

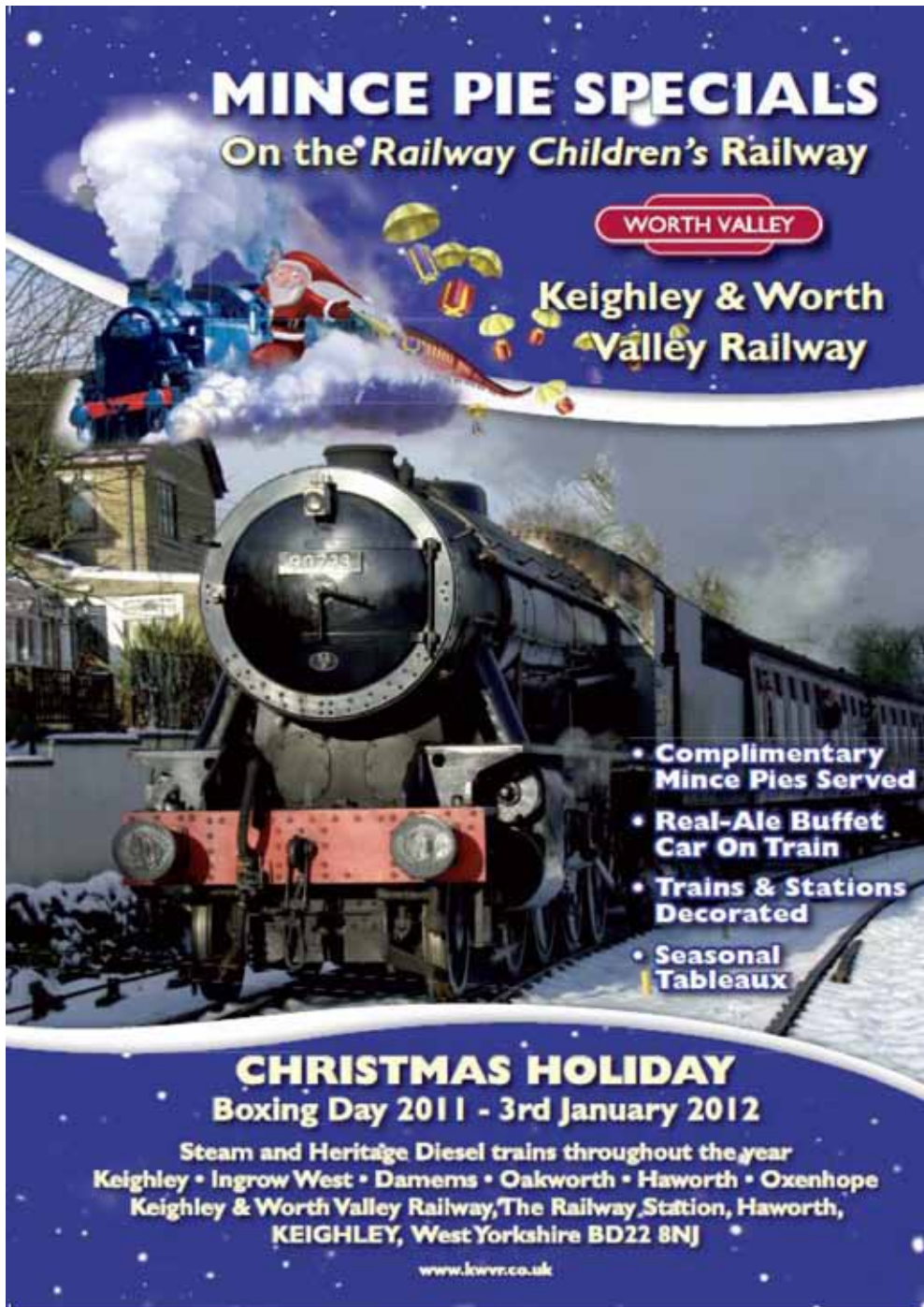


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## COMMUNITY TALENT SHOWCASE

Young people from Bradford are being invited to showcase their

talents and achievements by performing at the Young Citizen Awards 2012.

They are being asked to come forward to do an audition to take up one of the five remaining slots at this high profile event to be held at St George's Hall on Thursday, March 15.

Every year children and young people up to the age of 25 are invited to entertain the audience at the Awards ceremony which takes place between 7.30pm and 9.30pm. In previous years the audience has enjoyed seeing singers, bands, Rap artists, contemporary dancers, cheerleaders, choirs, tribute acts and magicians.

The awards ceremony is organised by Bradford Council in partnership with Bradford's Children's Trust, Young Lives Bradford and the Telegraph and Argus. The acts for the 2012 awards ceremony will be chosen by established members of the event planning group.

Coun Ralph Berry, Bradford Council's Executive Member for Children and Young People, said: "We are a district that has produced some amazing stars in the past and I'm sure there is still a lot of undiscovered talent out there in the community. This is a fantastic opportunity for young people to showcase their talent and enjoy a great night celebrating what they have to offer."

If you are interested in auditioning, contact Cain Lewis on 01274 432440 to be allocated a slot to come along and perform on Wednesday, December 14, at the Culture Fusion Building, 25, Thornton Rd, Bradford, BD1 2EP. The auditions will start from 5.30pm, but auditionees will be allocated a specific time slot. Audition slots will be allocated on a first come first serve basis - so don't delay.



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## TOP TECH TIPS by Michelle Thompson of CloudFree IT

Elves once carved toys by hand from wood; made cars and trains from tin. Our 'dream dolls' delicately clothed with a cradle to sleep in.

We 'chuffed' our trains and 'brummed' our cars. We soothed our dolly's 'weeping'. The only sound effects we had, from cap guns, not from 'bleeping'!

Action Men fought raging wars And 'Knights of Old' were valiant. Our stories were elaborate. Imaginations rampant.

Toys of the past seem obsolete to kids now. 'Not inspiring'. Youth seems to need more sound effects to help their minds' enquiring.

'No fun in that!', the oldies weep. We made the sounds ourselves\* We had respect, showed gratitude To all hardworking Elves!

Toys of today too 'bleepified', and batteries essential. There's so much dross in 'Toys Galore'. No narrative potential.

And what of the poor quality of playthings 'Made in China'? The latest fad will pass next week So that flaw's really minor!

For gifts that will for months to come Keep offspring well-engrossed, You're better spending money On the things they'll use the most.

So what's now wanted from the chap Whose job was to deliver our Dinky Toys and dolly prams? That jolly present-giver!

What's Santa bring those 'grown-up' kids who, still, are craving 'toys'? Wallets, watches, socks and ties Are not their source of joys!

Laptops, tablets, mobile phones. A smartphone on their list? The internet's their 'lifeline'. And 'the cloud's' no longer mist!

Well, actually technology's more fun than you've been thinking. Some console games are joy for all, Especially after drinking! (just the one, dear!)\*\*

So whilst we fondly ruminate on toys from 'days of yore', remind yourself the 'toys' of now Are what's for sale in store.



It's good to know that Fibre Optic broadband has arrived already in some parts of the AireValley‡ just in time for Christmas, so if, like me, you frequently miss your favourites on TV, (because your senior moments are coming thick and fast now and it's going to get worse in that crazy time running up to Christmas) it's worth trying 'TV on Demand' services such as BBC iPlayer, ITV Player, Channel4 on Demand etc.

Streaming (playing your chosen programme or movie directly from the internet rather than downloading it first to your computer) needs a broadband connection of consistently above 3+ mbps, but the faster the better. You'll also need an internet ready TV, or a desktop or laptop computer that's Windows XP SP3 or newer, with a processor of 1.6GHz or higher, and a minimum of 512MB RAM (1GB would be better). If you've got Windows Vista or 7, or Mac OS X then your processor and RAM requirements will be different, so do check first.

\*My brother used to do the most amazing machine gun sound.

\*\*For the safety of others, if you're already falling down drunk, now is not an appropriate time to try the Jungle Boogie! Always make sure you clear a very big space around you and keep plenty of space between you and the TV, and don't trip over your own feet or land in Auntie Mabel's lap while dancing to 'Rump Shaker'. ‡ Check with your Internet Service Provider re: Fibre Optic Broadband availability in your area.



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# BEHIND THE SCENES AT THE MUSEUM

by Jenna Holmes Arts Officer Bronte Parsonage Museum



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There will be an air of anticipation at the museum as you read this. An important 'little book' written by Charlotte Brontë in 1830, when she was fourteen years old, is going to be sold at auction at Sotheby's on 15<sup>th</sup> December. The manuscript was previously untraced and unpublished, so it is one of the most exciting literary finds in decades, and is one of six tiny little books that the Brontë siblings created for Branwell's set of toy soldiers to read. This one tells the story of a murderer who is driven to madness after being haunted by his victims, and describes how 'an immense fire' burning in his head causes his bed curtains to set alight, which is very like the famous scene in Jane Eyre, when Rochester's insane wife sets light to his bed curtains.

The manuscript is expected to reach £200,000 - £300,000 at auction, which is a huge amount of money for us to find. Museum staff have been busy writing applications to funding bodies in the hope that we can secure a grant to help, but we have also launched a

public appeal for donations. It would be so sad if the little book was lost to a private collector, and we desperately hope to be able to bring it back to Haworth for the nation to enjoy. Despite the last Brontë (Patrick) dying in 1861, newly discovered belongings and writings by this remarkable family are still coming to light, often scattered across the globe. Just last year, several items were donated back to the museum from a family in Canada, and we also bought some Brontë-made lace on Ebay (we were able to verify that it was authentic!) which just goes to show the many ways in which items make their way into the Museum's collection. Next year our special exhibition will look at the history of the Brontë Society's collection, and will tell the story of murky book dealers, missing manuscripts and the efforts to track down special items and bring them home to the Parsonage. It would be fantastic to display this new manuscript, one of the most important Brontë finds in years, as the crown jewel of the show. We are all keeping our fingers crossed.

## KIDS CORNER

### Christmas Hidden Picture Puzzle/Coloring Page



Hidden Picture illustration by Liz Ball

Find these hidden items in the picture above and then colour the page in for fun!



# SUDOKU

		3				5		
	7			1	8			9
1			5				8	
	6		8	2				
8								2
			3	5		7		
	9			6				4
7			4	3			2	
		6				3		

				2		3		
8		3		4				1
	9	4				7		8
		6	5					
			8	6				
				7	3			
3		5				2	7	
7				9		5		6
	8	2						

Every row of 9 numbers must include all digits 1 through 9 in any order  
 Every column of 9 numbers must include all digits 1 through 9 in any order  
 Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9

# Where in the Aire Valley? COMPETITION



Can you identify the building or landmark indicated by the red cross in this photograph?

This months prize is generously donated by Keighley And Worth Valley Railway

Day Rover Ticket

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The winner will be selected from all correct answers received by Jan 16, 2012

Last month's winner was Tracey Bevan-France. The location was 3/5 Wesley Place (not Silsden Library as suggested on Google Maps!) Many thanks for the clarification. Google Earth ©

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ALL CREDIT CARDS ACCEPTED







Ronnie Swinbourne from Sweetpea & Rose, the handmade cake and crafts specialist, displays her scrumptious delights and vintage crockery. You can contact Ronnie for cake & craft commissions as well as baking and sugarcraft classes or for vintage crockery hire on 01535 649393

For the best inspiration one only needs to look close to home and from the heart; and that is precisely what Oxenhope resident Ronnie Swinbourne did when she set up her handmade cakes and crafts business. Sweetpea and Rose is the name Ronnie chose for her delectable company inspired by her two daughters, Lydia Sweetpea (5yrs) and Elsie Rose (4yrs). The girls are also Ronnie's most discerning customers.

In a world full of mass produced and store bought options, Sweetpea and Rose offers a unique handmade alternative that brings back a certain quality and value in gifting; whether a wall hanging, lavender bag, wedding favour, or mouthwatering special occasion cake, the standard is exceptional, and the attention to detail, inspired. Ronnie will work within your budget and craft a truly wonderful creation, be it in sugar or fabric!

"Cake makes us happy" is a true word spoken in the Swinbourne household and that happiness is shared by a community

of satisfied customers who have commissioned Ronnie to create tiers of celebration for a variety of occasions and important milestones. Ronnie can turn her hand to many things including elaborate or simple structures in sugarcraft. Wedding Cakes, Cupcake Towers, Iced Biscuits, Christmas Cakes, in fact, any style or variety you choose, Sweetpea and Rose will meet your individual requirements.



Personalised wall hanging designed by Sweetpea & Rose

For those interested in more interaction and learning, Cupcake Classes, Biscuit Decorating Classes, Catered Tea Parties, Children's Themed Events with props, favours, and luscious treats are also options to consider. (Gift vouchers available). To make a party that extra bit special and unique, Ronnie has a collection of lovely vintage crockery for hire (for up to 100 guests). Phone Sweetpea & Rose to discuss your event ideas and requirements for cakes, biscuits, cupcakes, confection, crafts and gifts. Enjoy a 10% discount on wedding and celebration cakes in 2012 if you mention the Aire Valley Mag! Sweetpea & Rose 01535 649393

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mile moderate walk. For more information contact walk leader Nick on 01943 605150  
**Sun 11th Dec Civic Carol Service.** Keighley Civic Carol service Church Green, 2pm. Refreshments to be served in the Shared Church after the service.

**Sat 17th Dec Annual Christmas Party Night-Victoria Hall Keighley** 7.30pm until 11.30pm A festive evening of Modern Ballroom, Sequence and Free Dancing with Alison Jane's Chequers and regular MC's Pauline & Darrell. Tickets £12.50 each which includes a buffet supper. For further information please telephone 01535 681763. Tickets are available on this number or from The Leisure Centre, Keighley.

**Sat 17th Dec Singing Carols at the Gates of the church.** 11 am Carol singing being held at St Peters Church, Crosshills. Everyone Welcome.

**Sat 17th Dec 'Shake, Ripple and Roll'** a rock and roll musical at 7.00pm Skipton Town Hall Tickets on sale at Tourist Information Centre, Skipton Town Hall. Or Dev Swan Phone 01274 815524 / 07947 185144 Adults 6.00 Con 4.00 (including Students)



Wine and Beer Bar all drinks Glusburn Theatre School is holding its end of term/Christmas show at Skipton Town Hall..This exuberant, fun packed musical written for a large cast of young people features a glitzy rock 'n' roll score and plenty of action.

**Sun 18th Dec Carol Service in Crosshills.** 10.30am Carol Service being held at St Peters Church, Crosshills. All Welcome.

**Sat 24th Dec Christingle in Crosshills** At 4pm there will be a Christingle service at St Peters Church, Crosshills followed by a Communion Service at 6pm led by Rev Jacky Hale.

**The 12 Days of Christmas Trail** Visit Bolton Abbey between **25th December 2011 and 5th January 2012** (10am to 4pm) and see the "Twelve Days of Christmas" come to life in Strid Wood. Follow the Green Trail and search for the 12 scenes from this traditional Christmas Carol. The 2 mile walk (Cavendish Pavilion to the Strid and back) is accessible for both wheelchairs and pushchairs, dogs are welcome on a lead. Finish your walk by visiting the 12th century Priory church and ruins - especially flood lit with beautiful colours during the festive season.

**From 3pm Sun 26th Dec until Tues 3rd Jan 2012 KWVR** Mince Pie Specials. Steam hauled mince pie specials, Real ale buffet car conveyed.

Complimentary mince pies served on board.

Contact KWVR tel. 01535 645214  
For more details visit the KWVR website [www.kwvr.co.uk](http://www.kwvr.co.uk)

**Wed Dec 28th - Keighley Model Railway Club Christmas Open Day.**

10am-5pm. Admission: Adult £3, Children £2. Refreshments and small trade presence. Bring your Christmas presents to run on the club's layouts.  
**Sun 1st Jan 2012 (New Years Day)** - Charity Sheep Dog Trial-9AM till dusk. Held in aid of Yorkshire Air Ambulance - Moor Lodge Farm, Oakworth, BD22 0JL (turn right 100yds above Scartop Pine Antiques). For more info call 01535 643556 or 07891871298

**Jan 2012 Every Thursday Our space - Circle Group 7-9pm** at Crystal Space. 12A Aire View, Silsden. Different meditations, talks & taster workshops on a variety of alternative healing practices and therapies. Everyone welcome. For more info call Ally 07546109072. **Sun 22nd Jan 2012 'Jubilee Tower and The Bradleys' walk**

Meet at 10am at the No through Road opposite Kildwick Church for this 10 mile moderate walk. For more information contact walk leader Keith on 01274 596846

**Fri 27th Jan 2012 Guided Walk To Bingley St Ives.**

6 1/2 miles via Hirst Wood, River Aire, Cottingley Bridge and return through Myrtle Park, Bingley and alongside the Leeds & Liverpool canal. Meet at Bracken Hall at 10.30am.

Packed lunch required



*Please support local trade*

## The Handmade Christmas at inc.creative

In this world of computer games and smart phones, inc.creative has the antidote to our technological overload with the Handmade Christmas.

inc.creative is an enterprise gateway at 11 - 15 Cavendish Street, Keighley (part of Leeds City College) with "test trading" space for talented Yorkshire designers. Selling a wide range of locally made items, inc.creative has jewellery, ceramics, silk scarves, soft furnishings, leather bags, prints, photography and gift wrap. Keighley shoppers have the satisfaction of knowing they are supporting Yorkshire designer-makers as well as purchasing unique and well made gifts.

One such local designer is Emma Garry whose well made cushions and children's sewing kits make the perfect Christmas presents and stocking fillers. Ilkley designer

Emma uses popular Amy Butler and Joel Dewberry fabrics and all her products are both washable and colourfast. Inc.creative is also very proud to showcase Baby sofas from upholsterer Emily Farncombe of Leeds.

As an enterprise gateway inc.creative also offers valuable support for entrepreneurs and new business start ups, providing guidance and advice on business planning, viability, mentoring, workshops and seminars. inc.creative is part of the net315 project, of which Leeds City College is the lead partner, and is part financed by the European Regional Development Fund. So if you love shopping and enjoy buying handmade and original gifts then call in at inc.creative.

inc.creative is open Monday to Saturday 9am to 5pm



## Printmakers Leave Their Mark On Keighley's Central Hall

Three artists with very different approaches to printmaking have joined forces for Central Hall's Christmas exhibition.

The work will be on display until Friday 6 January and admission is free.

'I chose these three printmakers because they understand their mediums so well,' says Artists in Business coordinator Jo Whitehead. 'Their work is understated but effective and, on a personal level, it makes me feel happy. I'm hoping that visitors to Central Hall will also have the same reaction and want to find out more about printmaking.'

Alison Deegan's work is influenced by textures and patterns in archaeology and geology. Her lino prints include dramatic landscapes and seascapes, often rendered in a limited or monochrome palette.

Jacqui Sharples combines traditional letterpress techniques with eco-friendly production processes, using a range of manually operated vintage presses including a Victorian treadle. Even the ink is recycled from printers that have been forced to close because of the impact of digital technology.

Emily Harvey produces abstract, many-layered images inspired by connections and cycles in the natural world.

The Central Hall exhibition space is open from 8.30am-4pm from Monday to Friday and 9am-2pm on Saturday, located on Alice Street, Keighley.

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## Anagram Game

Can you rearrange the letters in the anagrams below to make festive phrases? The numbers in brackets after each anagram indicate the number of words in the festive phrase.

Write your solution under each Christmas anagram and then compare with our Anagram Answers at bottom of page:

Anagram 1 – Travel and Dance (2)

Anagram 2 – Rich Star Meets (2)

Anagram 3 – Smashing tricks cost (2)

Anagram 4 – Wean again Mary (4)

Anagram 5 – Vicars Themes (2)

Anagram 6 – The magic swiftness heart-throb (5)

Anagram 7 – Spice in 'em (2)

Anagram 8 – Modestly switch after-shave (5)

Anagram 9 – He's Fat, Smart, Rich (2)

Anagram 10 – Scathing mud drips (2)

Anagram 11 – Red Ernie (1)

Anagram 12 – Let in Things (2)

**Anagram Answers:**  
 Advent Calendar, Christmas Tree,  
 Christmas Stockings, Away in a manger,  
 Christmas Eve, 'Twas the night before  
 Christmas, Mince Pies, The Twelve Days of  
 Christmas, Father Christmas, Christmas  
 Pudding, Reindeer, Silent Night



## Christmas Jokes

*What did Adam say on the day before Christmas?  
 It's Christmas, Eve!*

*Who delivers cat's Christmas presents?  
 Santa Paws!*

*Why is Santa like a bear on Christmas Eve?  
 Because he's Sooty!*

*Who is never hungry at Christmas?  
 The turkey - he's always stuffed!*

*What happens if you eat the Christmas decorations?  
 You get tinsel-itus!*

*What happened when the snowgirl fell out with the snowboy?  
 She gave him the cold shoulder!*

*Where do snowmen go to dance?  
 Snowballs!*

*How do you call an Eskimo cow?  
 An Eskimoo!*

*What happens to you at Christmas?  
 Yule be happy!*





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[www.suttonpharmacy.co.uk](http://www.suttonpharmacy.co.uk)

email: [repeat@suttonpharmacy.co.uk](mailto:repeat@suttonpharmacy.co.uk)

*We would like to wish all our customers a  
Merry Christmas and a Happy New Year*

